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Name: _____
Class: _____
Date: _____

Score: ____ / 43

Pre - Post Assessment
Nursing 103

1. The nurse is covering a pediatric unit and is responsible for a 15 year old male patient on the floor. The mother of the child states "I think my son is sexually interested in girls". The most appropriate course of action of the nurse to respond by stating:

- a. "I will talk to the doctor about it"
- b. "Has this been going on for a while?"
- c. "How do you know this?"
- d. "Teenagers often exhibit signs of sexual interest in females"

2. A high school nurse observes a 14 year old female rubbing her scalp excessively in the gym. The most appropriate course of action for the nurse to do is:

- a. Request a private evaluation of the female's scalp from her parents.
- b. Contact the female's parents about the observations
- c. Observe the hairline and scalp for possible signs of lice.
- d. Contact the student's physician

3. A nurse has been instructed to place an IV line in a patient that has active TB and HIV. The nurse should wear which of the following safety equipment?

- a. Sterile gloves, mask and goggles
- b. Surgical cap, gloves, mask, and proper shoe wear
- c. Double gloves, gown and mask
- d. Goggles, mask, gloves, gown

4. A patient has delivered a 2 lb. baby boy 3 days ago via C-section, reports white patches on her breast that aren't going away. Which of the following medications may be necessary?

- a. Nystatin
- b. Atropine
- c. Amoxil
- d. Loritab



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5. A 13 year old girl is admitted to the ER with lower right abdominal discomfort. The admitting nurse should take which of the following measures first?

- a. Administer Loritab to the patient for pain relief.
- b. Place the patient in right side lying position for pressure relief.
- c. Start a central line
- d. Provide pain reduction techniques without administering medication

6. A thirty-five year old female in room 426 has a diagnosis of Acquired Immune Deficiency Syndrome (AIDS). Which of the following situations require nurse intervention?

- a. The NAP states: "The patient in 426 is not wearing gloves while shaving her legs"
- b. A NAP at the nurse's station states: "The patient in 426 has a respiratory rate of 16."
- c. A nursing student in the cafeteria states: "Dr. Sims told the patient in room 426 that she was going to die."
- d. A NAP states: "Dr. Sims hasn't made rounds this morning."

7. A nurse working in a pediatric clinic observes bruises on the body of a 4 year old boy. The parents report the boy fell riding his bike. The bruises are located on his posterior chest wall and gluteal region. The nurse should:

- a. Suggest a script for counseling for the family to the doctor on duty.
- b. Recommend a warm bath for the boy to decrease healing time.
- c. Notify the case manager in the clinic about possible child abuse.
- d. Recommend ROM to the patient's spine to decrease healing time.

8. Which of the following lab values would indicate symptomatic AIDS in the medical chart? (T4 cell count per deciliter).

- a. Greater than 1000 cell per deciliter
- b. Less than 500 cells per deciliter
- c. Greater than 2000 cells per deciliter
- d. Less than 200 cell per deciliter.

9. A 27 year-old woman has delivered twins in the OB unit. The patient develops a condition of 5 centimeter diastasis recti abdominis. Which of the following statements is the most accurate when instructing the patient.

- a. Sit ups are o.k. to do as long as you don't strain.
- b. This condition leads to surgery in 80% of the cases.



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c. Guarding the abdominal region is important at this time.

d. Antibiotics are required for this condition in 70% of the patients.

10. A 15 year-old high school wrestler has been taking diuretics to lose weight to compete in a lower weight class. Which of the following medical tests are most likely to be given?

a. Lab values of Potassium and Sodium

b. Lab values of glucose and hemoglobin

c. ECG

d. CT Scan

11. A patient has recently been prescribed Albuterol. Which of the following changes are associated with Albuterol? (Select All That Apply).

a. Tachycardia

b. Hypertension

c. Bronchodilation

d. Sensory changes

12. A newborn baby exhibits a reflex that includes: hand opening, abducted and extended extremities following a jarring motion. Which of the following correctly identifies the reflex?

a. ATNR reflex

b. Startle reflex

c. Grasping reflex

d. Moro reflex

13. A mother that has never breastfed a child before is having trouble getting the baby to latch on to the breast. The baby has lost 3% of its birth weight within the first 2 days of life. The best statement by the nurse is:

a. The baby will eventually take to the breast.

b. I can fix up a bottle if you want to try that.

c. A small amount of weight loss in the first few days is normal

d. I can get the charge nurse to come talk to you about breastfeeding.

14. A mother of a newborn notices a nurse placing liquid in her baby's eyes. Which of the following is an inaccurate statement about the need for eye drops following birth?

a. Eye drops following birth help reduce the risk of eye infection



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- b. Eye drops are required by law
- c. Eye drops will keep the eye moist
- d. Eye drops are required by law every 6 hours following birth.

15. A two year-old has been in the hospital for three weeks and seldom sees family members due to isolation precautions. According to theorist Piaget which of the following hospitalization changes is most likely to be occurring?

- a. Guilt
- b. Trust
- c. Separation anxiety
- d. Shame

16 A patient has recently been prescribed Zidovudine (Retrovir). The patient has AIDS. Which of the following side effects should the patient specifically monitor for?

- a. Weakness and SOB
- b. Fever and anemia
- c. HTN and SOB
- d. Fever and HTN

17. A nurse is caring for a 10 year-old girl who has just been diagnosed with a congenital heart defect. Which of the following clinical signs does not indicate CHF?

- a. Increased body weight
- b. Compulsive behavior
- c. Lower extremity edema
- d. Elevated heart rate

18. A nurse working in a pediatric clinic observes the following situations. Which of the following may indicate a Delayed child to the nurse?

- a. A 12 month old that does not "cruise"
- b. An 8 month old that can sit upright unsupported
- c. A 6 month old that is rolling prone to supine
- d. A 3 month old that does not roll supine to prone.

19. A nurse is screening patients for various vaccines. Which of the following vaccines is contraindicated during pregnancy?

- a. Mumps
- b. Diphtheria



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- c. Hepatitis B
- d. Tetanus

20. A nurse is screening for immunizations. Which of the following is not a contraindication for immunization?

- a. Seizures
- b. Fever > 3 days
- c. Malignancy > 3 months
- d. Illness > 6 months

21. A patient has been diagnosed with Diabetes Mellitus (DM). Which of the following are clinical signs of DM? (Select All That Apply)

- a. Polyphagia
- b. Polyuria
- c. Metabolic Acidosis
- d. Lower extremity edema

22. Which of the following are not considered one the "Rights" of medication administration?

- a. Client
- b. Drug
- c. Dose
- d. Routine

23. When giving an intramuscular (IM) injection to an infant, which of the following sites is preferred?

- a. Ventrogluteal region
- b. Deltoid
- c. Vastus lateralis
- d. Dorsogluteal region

24. When choosing a needle gauge for an intramuscular (IM) injection in a 12 year-old girl, which of the following gauges would you choose?

- a. 27 gauge
- b. 25 gauge
- c. 22 gauge
- d. 20 gauge



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25. A nurse is administering an antibiotic to a 4 year old boy, who does not have an identification bracelet. What action should the nurse take?

- a. Ask another staff person who the child is
- b. Ask the child's mother to state the child's name
- c. Ask the child for his name.
- d. Withhold the medication until an ID bracelet can be provided.

26. A nurse is implementing a community awareness campaign about accidental poisoning. Which of the following should she teach?

- a. The child should be given milk.
- b. The child should be given syrup of Ipecac
- c. The poison control center should be contacted
- d. The child should be taken to the ED.

27. When preparing a patient for an amniocentesis, the nurse should:

- a. Restrict food intake
- b. Restrict fluid intake
- c. Monitor Fetal Heart Tones (FHT)
- d. Inform patient results will be available immediately.

28. Home Health Care documentation is unique because:

- a. Some charting is retained at the hospital
- b. The physician's office needs separate charting
- c. Different health care providers need access
- d. The physician is the pivotal person in the charting

29. Standards for Long Term Care documentation are regulated by:

- a. OBRA
- b. Title XXII
- c. Nursing Diagnoses
- d. The care plan

30. What should a medical record provide for all health care providers? (Select All That Apply).

- a. Care given to the patient
- b. Care planned for the patient



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- c. A patient's nursing problems
- d. A patient's medical problems
- e. Details about incident reports
- f. The patient's response to treatment

31. The nurse counsels a young family that a child must have adequate physiological, neuromuscular, and psychological maturity to master toilet training, usually around the age of:

- a. 6-10 months
- b. 10-14 months
- c. 14-18 months
- d. 18-24 months

32. The nurse explains that a baby's muscular development progresses in a pattern that is:

- a. Regressive
- b. Erratic
- c. Cephalocaudal
- d. Unpredictable

33. When a toddler attempts to feed himself, the family should:

- a. Encourage the child to use a fork
- b. Feed the child themselves using a fork
- c. Encourage large portions for easier handling
- d. Offer the child finger foods

34. In response to a mother's concern about the development of a food allergy in her 5 month-old, the nurse suggests delaying introduction of foods including:

- a. Oat meals
- b. Potatoes
- c. Citrus fruits
- d. Green vegetables

35. A 5 year-old who has an imaginary friend with whom he converses frequently is displaying characteristics consistent with Piaget's:

- a. Operational stage
- b. Pre-operational stage



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- c. Formal operations stage
- d. Concrete operations stage

36. The mother of an 11 year-old asks about the benefits of her child joining a basketball team. At this age, the child will benefit because athletics provide an opportunity for the development of:

- a. Cooperation
- b. **Competition**
- c. Parallel play
- d. Role identification

37. A 14 year-old male has undergone a leg amputation. The nurse makes the focus of the nursing care plan to support the patient's:

- a. Socialization needs
- b. Academic progress
- c. Nutritional status
- d. **Body image**

38. The cognitive development level of the adolescent according to Piaget is the:

- a. Concrete operational stage
- b. Sensorimotor stage
- c. Preoperational stage
- d. **Formal operational stage**

39. The nurse recognizes that during the first 5 months of life, an infant is expected to gain approximately how many pounds per month?

- a. 0.5
- b. 1
- c. **1.5**
- d. 2

40. Any substance such as a drug, alcohol or virus that interferes with fetal development is called a(n) _____ .

- a. chemical substance
- b. pure substance
- c. controlled substance
- d. **teratogen**



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41. A patient tells you her last menstrual period was September 10, 2014. According to the Nagele's rule when is her expected due date?

- a. June 17, 2015
- b. June 10, 2015
- c. May 17, 2015
- d. June 10, 2014

42. The nurse is doing an assessment on a female patient. She tells the nurse she gave birth to twin girls at 39 weeks. The nurse would document the following regarding parity?

- a. Primipara
- b. Nullipara
- c. Multipara
- d. Gravida

43. Which of the following is a probable sign of pregnancy?

- a. Quickening
- b. Goodell's sign
- c. Amenorrhea
- d. Fetal Heart Rate detection by electronic device