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Name: _____

Score: ____ / 40

Class: _____

Date: _____

Verve College Pre-Post Assessment
Nursing 101

1. Before giving permission for any procedure, a patient must have full knowledge about what will be done during the procedure along with its risk and complications. This is called:

- a. Patients' rights
- b. advance directive
- c. informed consent
- d. patient protection

2. The cleanest part of a voided urine specimen is collected after voiding is initiated and before it is finished. This is called a:

- a. Sterile specimen
- b. caught specimen
- c. Midstream specimen
- d. Patient Collected Specimen

3. The Centers for Disease Control (CDC) Classifies 1 according to the amount of contamination an infected surgical wound with less than 5% chance of becoming infected post-operatively is classified as a:

- a. Dirty wound
- b. Clean contaminated wound
- c. Contaminated wound
- d. Clean wound

4. Homeostasis begins as soon as the injury occurs and a clot begins to form. The substance in the clot that holds the wound together is:

- a. Fibrin
- b. Thrombin
- c. Protine
- d. calcium



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5. When blood and fluid flow into the vascular space and produce edema, erythema, heat, and pain, the nurse knows that the wound is in which phase?

- a. Healing
- b. Inflammatory
- c. Reconstruction
- d. maturation

6. To keep a patient comfortable during a dressing change, the nurse may administer an analgesic:

- a. after the dressing change
- b. at least 15 minutes before the dressing change
- c. at least 30 minutes before the dressing change
- d. at least one hour before the dressing change

7. Ethical principles used by the American Nurses Association (ANA) include: (select all that apply)

- a. Autonomy
- b. Beneficence
- c. Non-maleficence
- d. Justice
- e. Ethical Duty
- f. confidentiality

8. The order is for 1 liter (1000 mL) of Normal Saline (NS) to be administered over 8 hours, the drip factor (df) is 10 drops (gtts) per mL. Calculate the drip rate.

- a. 20 gtts/min
- b. 10 gtts/min
- c. 18 gtts/min
- d. 21 gtts/min

9. Erikson's Psychosocial Theory of Development states that the older adult is concerned with maintaining his or her identity or ego integrity. Components of Erickson's Theory include: (select all that apply)

- a. The older adult may experience a fear of death
- b. The older adult fears becoming a burden to their family
- c. the older adult may experience feeling of despair
- d. The older adult may feel worthless
- e. the older adult may feel apprehensive due to body image changes related to age



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10. The child age 6-12 typically gains 5 pounds per year and grows approximately two inches per year.
 - a. True
 - b. false

11. The gross motor development of a Child 3 years of age includes: (select all that apply)
 - a. make broad jumps
 - b. walk up and down stairs without difficulty
 - c. ride a tricycle
 - d. catch a ball
 - e. Skip and hop on one foot

12. Total Parenteral Nutrition (TPN) requires the monitoring of: (select all that apply).
 - a. Electrolytes
 - b. Weight
 - c. blood glucose levels
 - d. intake and output
 - e. Diet

13. The mechanism of primary prevention include:
 - a. prevent the development of a disease process
 - b. identify disease processes
 - c. decrease in further complications
 - d. Assistant treatment to promote health

14. Pharmacokinetics include:
 - a. Immunosuppression
 - b. antimicrobials
 - c. Opioids
 - d. absorption, distribution, excretion

15. The nurse caring for a patient with a surgical wound promote wound healing by:
 - a. offering fluids every 4 hours
 - b. encouraging the consumption of large meals
 - c. encouraging up to 1000 mL of daily fluid intake
 - d. encouraging the consumption of small frequent meals

16. Which are the phases of wound healing? (select all that apply)
 - a. Reconstruction
 - b. Hemostasis



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- c. Inflammatory
- d. Granulation
- e. Maturation

17. What percentage of an adult body weight consists of water?

- a. 10 - 20%
- b. 30 - 40%
- c. 50 - 60%
- d. 70 - 80%

18. The nurse encourages a patient who has been vomiting to drink fluids because the body fluid lost daily must match the amount of fluid taken in to maintain homeostasis. The recommended daily amount of water for an adult is about:

- a. 1000 mL
- b. 1500 mL
- c. 2050 mL
- d. 2500 mL

19. When assessing a patient with respiratory alkalosis, the nurse expects to see:

- a. slow respirations
- b. muscle weakness
- c. strong even heart rate
- d. flushed face

20. When creating a nursing care plan for a patient with metabolic acidosis, the nurse should focus on:

- a. Frequent periods of ambulation
- b. increasing fluid intake
- c. decrease in fluid intake
- d. deep breathing exercises

21. The nurse concludes there is no need for further instruction about food high in potassium when the patient chooses:

- a. apples and green beans
- b. kiwis and onions
- c. apricots and asparagus
- d. grapes and Lima beans

22. What are the three types of passive transport? (select all that apply).

- a. Diffusion



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- b. Titration
- c. Osmosis
- d. Distillation
- e. Filtration

23. The nurse expects an adult with normal kidney function to void a minimum of ____mL of urine in 4 hours.

- a. 60
- b. 80
- c. 100
- d. 120

24. When events are not consistent with facility or national standards of expected care, the form that explains the lapse is the:

- a. Focus chart
- b. subjective data
- c. incident report
- d. nursing assessment

25. When staff from all disciplines develop integrated care plans for a projected length of stay for patients of a specific case type, it is known as a:

- a. Kardex
- b. nursing care plan
- c. nursing order
- d. critical pathway/ clinical pathway

26. Standards for long-term care documentation are regulated by:

- a. NLN
- b. JACHO
- c. NANDA
- d. OBRA

27. When using electronic (or computerized) documentation, which process should the nurse use to ensure that no one alters the information the nurse has entered?

- a. Chart in code
- b. chart in privacy
- c. signing on with password
- d. log off



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28. A set of learned values, beliefs, customs, and practices that are shared by a group and passed from one generation is known as _____ .

- a. Stereotype
- b. Holistic
- c. Ethnicity
- d. Culture

29. A nation, community, or broad group of people who establish particular aims, beliefs, or standards of living and conduct is known as a _____ .

- a. Society
- b. family system
- c. alternative belief system
- d. religion

30. The most common musculoskeletal disorders a movement that requires nurse to _____ and _____ at the same time>

- a. Bend and stretch
- b. Bend and twist
- c. Lift and twist
- d. Stretch

31. Before applying a safety reminder device (SRD), the nurse must:

- a. explain to the patient why the device is needed
- b. get permission from the family
- c. assess the patient for injuries
- d. obtain a physician's order

32. When assessing a patient the nurse recognizes that pain is:

- a. easily treated with analgesia
- b. Acute
- c. easy to recognize
- d. subjective for the patient

33. The nurse is aware that the state at which a person is mentally relaxed, free from worry, and is physically calm is:

- a. Stress free
- b. Rest
- c. Relieved

34. The final stage of human growth and development is:



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- a. Despair
- b. Integrity
- c. Resolution
- d. Death

35. Identify the five aspects of human functioning a nurse must address when dealing with a grieving person? (select all that apply)

- a. Physical
- b. Emotional
- c. Intellectual
- d. Socio-cultural
- e. Spiritual

36. A nurse has been instructed to place an IV line in a patient that has active TB and HIV. the nurse should wear which of the following personal protective equipment (PPE)?

- a. sterile gloves, mask and goggles
- b. surgical cap, gloves, mask and proper shoe wear
- c. double gloves, gown and mask
- d. Goggles, mask, gloves and gown

37. The nurse notices on assessment that an area over a patient's left elbow appears as nonblanchable erythema and the skin is intact. The nurse should score the patient as having which of the following?

- a. stage II pressure ulcer
- b. stage I pressure ulcer
- c. stage III pressure ulcer
- d. stage IV pressure ulcer

38. Which of the following motions is identified with the corresponding action?

(Action- turning the palm of the hand over to face in the anterior direction, dorsum of the hand is pointed downward toward the floor.)

- a. Pronation
- b. Supination
- c. Abduction
- d. Adduction

39. When choosing a needle gauge for an intramuscular injection in a 12 year old boy which of the following gauges would the nurse choose?

- a. 27 gauge
- b. 25 gauge



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- c. 22 gauge
- d. 20 gauge

40. A violation of a patient's confidentiality occurs if two nurses are discussing client information in which of the following scenarios?

- a. with a physical therapist treating the patient
- b. with a social worker planning for discharge
- c. with another nurse on duty to plan for break time
- d. in the hallway outside the patient's room